

Below is a resource list for evidence-based practices (EBPs) that can be utilized with a variety of presenting problems. This list also includes resources to increase skills and knowledge about topics relevant to child and youth behavioral health.

Resources	Cost (subject to change)	Age Range	Delivery/ Link
ACT for Children and Adolescents: Acceptance and Commitment Therapy for Trauma, Anxiety, Attachment Issues, and More by PESI	\$200	6-17 years	DVD
Calming Children in Crisis	Free	All	Relias
Children and Adolescent Psychopharmacology	Free	All	Relias
Cognitive Behavioral Therapy for Children and Adolescents by PESI	\$300	6-17 years	DVD
CBT Toolbox for Children and Adolescents by Phifer/Crowder	\$30	6-17 years	Book
Developmental States: School-Age through Adolescence	Free	6-17 years	Relias
Family Assessment and Intervention	Free	All	Relias
MATCH-ADTC (Modular Approach to Therapy with Children with Anxiety, Depression, Trauma, and Conduct Problems)	Free	6-17 years	On-demand videos
MATCH-ADTC by Weisz/Chorpita	\$99	6-17 years	Book
MATCH-ADTC by Practice Wise	\$79	6-17 years	Online protocol
Mindfulness Certificate Course for Treating Kids and Teens: Interventions for ADHD, Anxiety, Trauma, Emotional Regulation, and More by PESI	\$300	6-17 years	On-demand certification
Motivational Interviewing and Advanced Strategies	Free	All	Relias
Motivational Interviewing			
Society of Clinical Child and Adolescent Psychology Courses on Behavior Problems, Anxiety, ADHD, and Depression	\$20/hr	All	On-demand videos
Strengths-Based Approach in Working with At-Risk Youth	Free	6-17 years	Relias
Working with Parents: Communication, Education, and Support	Free	All	Relias